

Healthy Active Learning

Healthy Active Learning Evaluation Information

What is Healthy Active Learning?

Healthy Active Learning is a joint government initiative between Sport New Zealand and the Ministries of Health and Education to improve the wellbeing of tamariki and young people through healthy eating and drinking, and quality physical activity.

Driven by a \$47m Government commitment to the Child and Youth Wellbeing Strategy launched in 2020. For more information on Healthy Active Learning [click here](#).

Healthy Active Learning Evaluation

Sitting alongside the implementation of Healthy Active Learning is a comprehensive national, regional and local [evaluation](#) which is being led by Massey University. The purpose of the evaluation is to:

- Understand the impact that Healthy Active Learning is having on the wellbeing of tamariki in Aotearoa New Zealand;
- Understand what's working and what's not so that Sport New Zealand, MoE and MoH can improve the Healthy Active Learning initiative; and
- Advocating to government, to influence decision makers to secure funding and support for the future of Healthy Active Learning or projects which focus on the wellbeing of tamariki.

What will be evaluated in your school/kura?

- **Teacher Survey (for ALL teachers):** to better understand school culture/environment, teachers' Health and PE teaching practices, confidence in teaching and opportunities for physical activity for students within New Zealand schools.
- **Healthy Food Environment Survey (For principal/senior leader ONLY):** to learn more about healthy food and drink policies and practices at schools and kura across New Zealand.
- **Whānau Survey (for ALL parents):** to understand from parents and whānau how their children participate in physical activity and healthy eating and drinking.

What are we requesting of your school/kura?

To make Healthy Active Learning better we need your input. We would really like as many parents, teachers and principals as possible to give us feedback.

Teacher Survey: Send an email (template below) to ALL your teachers encouraging them to complete the teacher survey.

Healthy Food Environment Survey: Send email (template below) to principal or most relevant senior leader.

Whānau Survey: Post the templates below in your school newsletters and facebook page to encourage parents or other whanau to complete the survey.

The surveys open on Monday the 2nd of November and close on the 11th of December 2020. It would be much appreciated if you could action as soon as practical.

If you have any questions please contact Ajmol Ali on A.Ali@massey.ac.nz

Templates

Teacher Survey Message

Title: Healthy Active Learning – Have your say on improving healthy eating and drinking, and quality physical activity for our tamariki!

Kia ora koutou [to all teachers]

[Healthy Active Learning](#) is a joint government initiative between Sport New Zealand and the Ministries of Health and Education to improve the wellbeing of tamariki and young people through healthy eating and drinking, and quality physical activity.

To understand the impact that Healthy Active Learning is having we need your input. Therefore, we invite you to [complete this teacher survey](#). It takes 15-20 minutes and if you complete the survey you will go in the draw to win a \$100 supermarket voucher.

Massey University is undertaking the [evaluation of Healthy Active Learning](#) on behalf of Sport NZ, Ministry of Health and Ministry of Education. As part of the evaluation Massey University would like to better understand the school culture/environment, teachers' Health and PE teaching practices, confidence in teaching and opportunities for physical activity for students within New Zealand schools/kura.

Click here to view [Facebook page](#) for more details.

Can you please make every effort to complete the survey as it is very important to have your thoughts on this important wellbeing initiative that our school/kura is involved in.

Kia pai to rā.

Healthy Food Environment Survey Message

Title: Healthy Active Learning – Have your say on improving healthy eating and drinking, and quality physical activity for our tamariki!

Kia ora [Principal or Senior leader]

[Healthy Active Learning](#) is a joint government initiative between Sport New Zealand and the Ministries of Health and Education to improve the wellbeing of tamariki and young people through healthy eating and drinking, and quality physical activity.

To understand the impact that Healthy Active Learning is having we need your input. Therefore, we invite you to [complete the food policies and food practices survey](#). It takes 5-10 minutes and if you complete the survey you will go in the draw to win a \$100 supermarket voucher.

Massey University is undertaking the [evaluation of Healthy Active Learning](#) on behalf of Sport NZ, Ministry of Health and Ministry of Education. As part of the evaluation Massey University would like to learn more about healthy food and drink policies and practices at schools across New Zealand. To understand what policies around food and drinks children have access to while at your school and how these policies are translated into practices during the school day and at school events we invite the principal or a member of the senior leadership team to complete a short survey.

Click here to view [Facebook page](#) for more details.

Can you please make every effort to complete the survey as it is very important to have your thoughts on this important wellbeing initiative that our school/kura is involved in.

Kia pai to rā.

Whānau Survey Message (newsletter/social media post)

Title: Healthy Active Learning – Have your say on improving healthy eating and drinking, and quality physical activity for our tamariki!

Kia ora Whānau

Our school is involved in a government wellbeing initiative called [Healthy Active Learning](#) which is aimed improving wellbeing of our Tamariki and young people through healthy eating, drinking and quality physical activity.

Massey University is undertaking the [evaluation of Healthy Active Learning](#) on behalf of Sport NZ, Ministry of Health and Ministry of Education. As part of the evaluation Massey would really like to find out from parents and whānau how their children participate in physical activity and healthy eating and drinking at our school.

[Click here to complete the whānau survey](#). It takes 5-10 minutes and if you complete the survey you will go in the draw to win a \$100 supermarket voucher.

Click here to view [Facebook page](#) for more details.

Can you make every effort to complete the survey as it is very important to have your thoughts on this important wellbeing initiative that our school/kura is involved in.

Kia pai to rā.