

Teen Brain

Wed 14 April 2021: 7:30pm - 9:00pm Kaipara College - Helensville

Helensville Primary and Kaipara College are proud to announce that the host of the documentary "All in the Mind", and co-host of the TV Series "The Secret life of Girls", Nathan Wallis, Aotearoa's renowned neuroscience educator, is coming to our community with his talk - Teen Brain.

During adolescence, part of your teenage brain "shuts for renovations". This is the part of the brain responsible for controlling your teenager's moods, for understanding consequences and for thinking about the well-being of others. So whilst you can't expect teens to be able to display these behaviours consistently during adolescence, there are ways that you can enhance and maximise the times when they can. Understanding the changes that are taking place for your teen will help you to navigate successfully these important and formative years.

Tickets are available at www.eventfinda.co.nz. Search "Nathan Wallis Helensville"

Early bird ticket prices available Get in quick!

